Example paper

A.B. Author1, Q.J. Author2

1The National Institute of Standards in eHealth, author@nist.edu

100 Bureau Drive Stop 8552, Gaithersburg, MD 20899 USA

2Tokay University, Department of Health, author@tit.edu

2-12-1 Ookayama, Meguro-ku, Tokyo 152-8552, Japan

*Abstract:* These instructions give you basic guidelines for preparing camera-ready papers

# Introduction

You may use this document as a template for your submission.

**Only submissions in ENGLISH language are accepted**. Please be sure to have the files print optimized, **without any page number, footnote, or headers.** Please prepare your paper in full-size format, on **A5 paper (148 by 210 mm), at least 4 pages and no more than 6 pages.**

**Type sizes and typefaces:** Follow the type sizes specified in Table I. **Times New Roman** is the accepted font.

**Margins**: top = 22 mm, bottom, left and right sides = 20 mm. Spacing before and after headings and subheadings = 6 pt. Paragraph indentation is 30 mm, justified. Use automatic hyphenation and check spelling.

Table 1: Example caption.

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| --- | --- | --- |
|  | **Type size (pts.)** | **Appearance** |
| **Paper title** | **14** | **Bold,** centered |
| Authors’ names, authors’ affiliations, | 10 | Regular, centered |
| **Abstract** | **10** | **Bold** |
| Main text, tables, table and figure captions, equations | 10 | Regular |
| Headings | 10 | **Bold**, centered |
| *Subheadings* | *10* | *Italic* |
| References, text subscripts and superscripts | 8 | Regular |

# Helpful Hints

## Figures and Tables

Try to position figures and tables at the tops and bottoms of the page. Avoid placing them in the middle. Figure captions should be centered below the figures; table captions should be centered above. Avoid placing figures and tables before their first mention in the text.

**Figures may be colored.** Figure axis labels are often a source of confusion. Use words rather than symbols. Put units in parentheses. For example, write “Temperature (K),” not “Temperature/K.” **Figure labels should be legible - 10-point type.**

References

Number citations consecutively in square brackets [1], refer simply to the reference number, as in [3]. Use “Ref. [3]” or Reference [3]” at the beginning of a sentence. Avoid footnotes.

Give all authors’ names; use “et al.” only if there are six authors or more. Papers that have not been published, even if they have been submitted for publication, should be cited as “unpublished” [4]. Papers that have been accepted for publication should be cited as “in press”. In a paper title, capitalize the first word and all other words except for conjunctions, prepositions less than seven letters, and prepositional phrases. For papers published in translated journals, first give the English citation, then the original foreign-language citation.

Abbreviations and Acronyms

Define abbreviations and acronyms the first time they are used in the text, even if they have been defined in the abstract.

Other Recommendations

Use SI as primary units. Use a zero before decimal points: “0.25,” not “.25” If your native language is not English, try to get a native English-speaking colleague to proofread your paper. **Do not add page numbers.**

# Acknowledgment

Put any acknowledgments here.

# References

[1] C. J. Wientjes, J. A. Veltman, and A. W. Gaillard. “Cardiovascular and respiratory responses during a complex decision-making task under prolonged isolation,” Adv Space Biol Med, vol. 5, pp. 133-155, 1996

[2] R. Wootton, and J. Craig Introduction to Telemedicine, Eds., London, Royal Society of Medicine Press, 1999, pp.68-73

[3] Wein, and K. Hecht, “Sleep electropoligraphical and other electrophysiological methods for investigation of nocturnal sleep, in Human sleep,” in *Physiology and Pathology*, Meditcina, Moscow,, Russia, 1989, pp. 76-85, (in Russian)

[4] K. Elissa, “Title of paper if known,” unpublished.