

Example paper

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Abstract: These instructions give you basic guidelines for preparing camera-ready papers

Introduction

You may use this document as a template for your submission.

Only submissions in ENGLISH language are accepted. Please be sure to have the files print optimized, **without any page number, footnote, or headers.** Please prepare your paper in full-size format, on **A5 paper (148 by 210 mm), at least 4 pages and no more than 6 pages.**

Type sizes and typefaces: Follow the type sizes specified in Table I. **Times New Roman** is the accepted font.

Margins: top = 22 mm, bottom, left and right sides = 20 mm. Spacing before and after headings and subheadings = 6 pt. Paragraph indentation is 30 mm, justified. Use automatic hyphenation and check spelling.

Table 1: Example caption.

	Type size (pts.)	Appearance
Paper title	14	Bold , centered
Authors' names, authors' affiliations,	10	Regular, centered
Abstract	10	Bold
Main text, tables, table and figure captions, equations	10	Regular
Headings	10	Bold , centered
<i>Subheadings</i>	<i>10</i>	<i>Italic</i>
References, text subscripts and superscripts	8	Regular

Helpful Hints

Figures and Tables

Try to position figures and tables at the tops and bottoms of the page. Avoid placing them in the middle. Figure captions should be centered below the figures; table captions should be centered above. Avoid placing figures and tables before their first mention in the text.

Figures may be colored. Figure axis labels are often a source of confusion. Use words rather than symbols. Put units in parentheses. For example, write “Temperature (K),” not “Temperature/K.” **Figure labels should be legible - 10-point type.**

References

Number citations consecutively in square brackets [1], refer simply to the reference number, as in [3]. Use “Ref. [3]” or Reference [3]” at the beginning of a sentence. Avoid footnotes.

Give all authors’ names; use “et al.” only if there are six authors or more. Papers that have not been published, even if they have been submitted for publication, should be cited as “unpublished” [4]. Papers that have been accepted for publication should be cited as “in press”. In a paper title, capitalize the first word and all other words except for conjunctions, prepositions less than seven letters, and prepositional phrases. For papers published in translated journals, first give the English citation, then the original foreign-language citation.

Abbreviations and Acronyms

Define abbreviations and acronyms the first time they are used in the text, even if they have been defined in the abstract.

Other Recommendations

Use SI as primary units. Use a zero before decimal points: “0.25,” not “.25” If your native language is not English, try to get a native English-speaking colleague to proofread your paper. **Do not add page numbers.**

Acknowledgment

Put any acknowledgments here.

References

- [1] C. J. Wientjes, J. A. Veltman, and A. W. Gaillard. “Cardiovascular and respiratory responses during a complex decision-making task under prolonged isolation,” *Adv Space Biol Med*, vol. 5, pp. 133-155, 1996
- [2] R. Wootton, and J. Craig Introduction to Telemedicine, Eds., London, Royal Society of Medicine Press, 1999, pp.68-73
- [3] Wein, and K. Hecht, “Sleep electropoligraphical and other electrophysiological methods for investigation of nocturnal sleep, in Human sleep,” in *Physiology and Pathology*, Medicina, Moscow,, Russia, 1989, pp. 76-85, (in Russian)
- [4] K. Elissa, “Title of paper if known,” unpublished.